



Coach – Stuart Henson

Welcome to Braunstone Swimming Club

Braunstone Swimming Club:

- has a **Teach to Swim Scheme** that teaches children to learn to swim from age 3-7 yrs on Saturday mornings between 10.15 – 11.15 am at Winstanley Community College pool.
- has a **Skill Development Scheme** (c8+) that offers two pathways to swimmers subject to free trial:
 - a pathway for district squads to develop swimming skills and speed up to Midland and National level competition with maximum training opportunities and progression links to City of Leicester.
 - a pathway for club development squads to develop swimming skills and speed for interclub, club and county level competition.

We also encourage swimmers with a disability to join.

Training times are held on Monday – Saturday at Winstanley Community College swimming pool, Braunstone Town, Leicester and Braunstone Leisure Centre on Hinckley Road, Leicester. There are also special sessions at Loughborough 50m pool. See our website for information on squad training sessions.

- takes part in league, trophy and friendly galas, ASA Age Groups and selected Open Meets throughout the year, and runs internal competitions catering for ALL levels of ability.
- is one of the leading **competitive** swimming clubs in Leicestershire with teams represented in Division 1 leagues of the Interclub Relay Championships, Nuneaton Diddy, Arena, Young Teams and Leicester League.
- is a Quality club recognised by Sport England with Clubmark and Swim 21 accreditation for both the Teach to Swim Scheme and Skill Development Level.
- was formed in 1969, and is affiliated to the Amateur Swimming Association of Great Britain.
- so, if you are interested to come for a free trial and require more information contact: Alan on 0116 2912776,
email: webmaster@braunstoneswimmingclub.org.uk
- Look at our website to find out more information:
www.braunstoneswimmingclub.org.uk

